

## Omelet Creation Station

— \$6<sup>50</sup> —

### EGG BASE • CHOOSE ONE

Whole Eggs • Egg Whites

### FILLINGS • CHOOSE UP TO 3

Spinach • Peppers • Onion • Mushroom • Tomato  
• Chicken • Turkey Bacon

### CHEESE • CHOOSE 1

American • Provolone • Swiss • Cheddar  
Goat Cheese

### TOAST • CHOOSE 1

White • Wheat • Light Rye • Marble Rye • English Muffin

## Flatbread Creation Station

••• ALL CRUST IS GLUTEN FREE •••

— \$7<sup>00</sup> —

### SAUCE • CHOOSE ONE

Homemade Basil Marinara • Garlic Olive Oil

### VEGGIES • CHOOSE UP TO 3

Spinach • Onion • Broccoli • Mushroom • Tomato  
• Peppers • Artichokes • Arugula

### MEAT • CHOOSE UP TO 2

Turkey Bacon • Chicken • Turkey Pepperoni

### CHEESE • CHOOSE 1

Italian Blend • Parmesan • Goat Cheese



Open Everyday for Lunch  
12pm – 1:30PM

Please inform your server if you or someone in your party has a food allergy.  
Please be aware that consuming undercooked or raw eggs, meat, fish,  
and shellfish may increase the risk of foodborne illness.



# BEST OF OC



All sandwiches come with fruit cup and a pickle.  
All salads come with pita bread.  
All omelets come with fruit and choice of toast.

**Grilled Cheese with Tomato** — \$3<sup>75</sup>

**Grilled Ruben or Rachel** — \$7<sup>25</sup>

**OC Burger** — \$7<sup>00</sup>

Choice of Angus or Veggie — Add Chesse

**Kosher All Beef Frank** — \$4<sup>25</sup>

**Tuna Twins** — \$6<sup>50</sup>

**OC Omelet** - \$6<sup>50</sup>

(Tomato, Mushroom, Pepper, Onion & American Cheese)

**Salad Sandwich** — Chicken or Tuna \$6<sup>25</sup>

**Caesar Salad** – Chicken \$7<sup>25</sup> or Salmon \$8<sup>25</sup>

**Deli Sandwich** — \$6<sup>75</sup>

Choice of Corned Beef or Turkey

**Bagel and Lox** — \$9<sup>00</sup>

**Cobb Salad** — \$8<sup>75</sup>

**Blintz** — \$6<sup>50</sup>

**Soup du Jour** — \$2<sup>25</sup>



## LITTLE EXTRAS

**Fries** — \$1<sup>50</sup>

**Chips** — \$1<sup>00</sup>

**Onion Rings** — \$1<sup>75</sup>

**Traditional Cole Slaw** — \$1<sup>25</sup>

**Cranberry & Almond Slaw** — \$1<sup>75</sup>

**Coffee & Tea**— Reg. /Decaf — \$1<sup>75</sup>

**Hot Chocolate** — \$1<sup>75</sup>

**Specially Iced Tea** — \$1<sup>50</sup>

**Soft Drink** — \$1<sup>75</sup>

*Diet or Regular Pepsi, Diet or Regular Ginger Ale, Cranberry, OJ, Apple*

## SEASONAL SPECIALS

— \$7<sup>75</sup> —

### Harvest Salad

Greens, Arugula, Beets, Apples,  
Carrots, Mandarin Oranges &  
Walnuts topped with Balsamic &  
Fig Vinaigrette

— Add Salmon or Chicken —

### Autumn Rachel

Sliced Turkey, Cranberry  
Almond Slaw, & Goat Cheese  
on Griddled Marble Rye Bread



### Winter Squash Flatbread

Garlic Olive Oil, Diced Butternut  
Squash, Red Onion, Arugula, &  
Parmesan  
-- Add Chicken --

### Garden & Goat Omelet

Whole Egg or Egg Whites,  
Spinach, Mushroom, Onion,  
& Goat Cheese  
Choice of Toast

## SALAD CREATION STATION

— \$8<sup>00</sup> —

**BASE GREENS • CHOOSE ONE**  
Fresh Garden Salad • Chopped Iceberg

**TOPPINGS • CHOOSE UP TO 4**  
Red Onion • Hard Boiled Egg • Beets • Apples  
Walnuts • Arugula • Butternut Squash • Mandarin Oranges • Avocado  
Turkey Bacon • Croutons • Goat Cheese • Parmesan • Bleu Cheese

**FINISHING TOUCH • CHOOSE 1**  
Chicken Breast • Salmon • Tuna Salad • Chicken Salad  
Tofu • Cranberry & Almond Slaw

**DRESSING • CHOOSE 1**  
• “Good For You Dressings”: Balsamic Fig Vinaigrette • Goat Cheese &  
Herb Vinaigrette • Antioxidant Dressing  
Caesar • Ranch • Thousand Island





# PEQUIT CLUB ORCHARD COVE

## DINNER MENU

FRIDAY • NOVEMBER 15

### — STARTER —

Fruit Cup

Garden Salad

Dressing

*Caesar Dressing • Ranch Dressing • Antioxidant Dressing  
Goat Cheese and Herb Vinaigrette • Balsamic Fig Vinaigrette • Russian Dressing*

### — SOUP —

Chicken Matzo Ball

Vegetable Lentil

OC Bone Broth

### — ENTRÉES —

Rotisserie Chicken , White/ Dark/ Both

Roast Turkey Orchard Cove

Roast Beef du Chef

Salmon du Chef

### — SIDES —

Mashed Potatoes

Basmati Rice

Butternut Squash

Green Beans

### — DESSERT —

Dessert Du Jour

Sugar Free Jello

### — BEVERAGE —

Iced Tea Du Jour and assorted beverage

- In addition please ask your server about our NEW "Build A Bowl" option!